



“Intestinal Health... And Beyond!”

A Once In A Lifetime Event

A New Health Seminar Featuring Medical Information, Health Food, Entertainment and Fun

March 3-5, 2006

The Adam's Mark Hotel

Dallas, Texas



Dear Friends,

This is a letter of gratitude. Thank you!

I am deeply grateful for your patronage and support of my professional services, and my personal character in bringing them to you. In the year 2000, I left a hospital/university-based career in academic medicine I had worked at for 20 years in order to serve the health needs of the public more directly and fully with the findings of my scientific research and my desire to teach. I did so in faith -- faith in the goodness of service and wanting to help people. It was then that I founded the not-for-profit Intestinal Health Institute (IHI) as the vehicle to deliver medical research, education, and low cost diagnostic testing to the public directly. EnteroLab.com is one service arm of the IHI. Because of your trust in these services, and me, the IHI has survived and succeeded.

To thank those I have served, the IHI is hosting an educational conference and celebration, and I want you to come. It will be a weekend of medical and scientific information, healthy food, and entertainment brought to you for your Health, Happiness and Hope. The conference, titled "Intestinal Health...and Beyond!", is being held at the country's largest hotel, the beautiful Adam's Mark Hotel in downtown Dallas, Texas, March 3-5, 2006.

At this seminar, you will be among the first to hear the final results of my 8-year study of non-invasive fecal testing for gluten sensitivity being prepared for publication.* The data has been analyzed not only for its importance to the general public, but particularly as it relates to people with autoimmune diseases, microscopic colitis, or relatives with gluten sensitivity/ceeliac disease. There will be many additional lectures on topics that should be of great personal interest and aid to you. I will also close the seminar by dedicating time to your specific health needs in the form of a question and answer session.

I and a few other health experts will be sharing all that we know about optimum intestinal and overall health through these lectures. But I will be sharing something more with you. For the past few years, through education, formal training, and hard work, I have elevated my long time hobby and amateur profession as a singer-songwriter-guitar player to a professional level. Please attend this March conference and you can also be among the first to hear musical performances by my professional band-mates and me. I have three professionally recorded CD's to be "released" at the conference, including an entire musical curriculum for childhood health and nutrition called "Get on a Mission of Nutrition". (Please see <http://www.intestinalhealth.org/Music> to learn more about this important program.) Additional entertainment will be provided by medical humorist Neil Shulman, M.D., the nationally renowned doctor and author of numerous books, among them the book made into the movie "Doc Hollywood" starring Michael J. Fox.

Since beginning medical school out of high school at the age of 17, it has always been my deep desire to help people with their health. Now I am here for this and more: "For Your Health, Happiness, and Hope!" This conference is for you -- to thank you and provide you educational information along with enlightening entertainment and healthy food. It would be my honor to have you join me in Dallas March 3-5, 2006, so that I may stand before you in person to serve you in these ways.

Thank you once again for your ongoing interest and support of EnteroLab.com, the Intestinal Health Institute, and me. I hope to see you in Dallas in March.

Respectfully yours,

Kenneth Fine, M.D.
Founder and Director, Intestinal Health Institute
<http://www.intestinalhealth.org>

Because the IHI is a research institute, it would help us greatly to be able to utilize your EnteroLab results in our research tabulations for this study. No names are ever used in published medical research, and results are not disclosed to any outside party. Despite this, if for some reason you wish your results to be excluded from the research analysis, e-mail us at email@enterolab.com. Thank you for your support of our public health efforts.

Hosted by The Intestinal Health Institute For your Health, Happiness and Hope

Register online at www.customreg.com/IHI

The Intestinal Health Institute is bringing a weekend packed with medical information to help you live a healthier life. In a series of lectures, doctors will present research and offer practical guidance on some of today's most common ailments -- gluten sensitivity, autoimmune disorders and chemical sensitivity.

Friday, March 3

Evening registration and reception at the Adam's Mark with heavy Hors d' oeuvres

Saturday, March 4

Early Diagnosis of Gluten Sensitivity Using Fecal Testing: Report of an 8-year study"

Presented by Dr. Kenneth Fine

"Intestinal Health... and Beyond! Ten Steps to Finer Health and Nutrition"

Presented by Dr. Kenneth Fine

"Chemical Sensitivity: Why it Happens, How to Cope"

Presented by Dr. William Rea, Environmental Health Center, Dallas

"Arthritis, Arthralgia, and Fibromyalgia: How Not to Hurt"

Presented by Dr. Kenneth Fine

"The Great Hormone Robbery: How Gluten-Induced Autoimmunity is Stealing Your Hormones, and what a Gluten-Free Diet Can Do to Get Them Back"

Presented by Dr. Harry Delcher

"Is Food Sensitivity Fueling Your Immune System's Fire:

Let Food Be Thy Medicine" (Dr. Fine's Anti-Inflammatory Diet)

Presented by Dr. Kenneth Fine

Saturday Dinner Program

"Laughter is the Best Medicine: Don't Take Yourself Too Seriously"

Presented by Dr. Neil Shulman

(Author of the book made into the movie "Doc Hollywood" and President of Dr. Patch Adams' non-profit Gesundheit! Institute)

"What's a Physician-Musician on a Mission?"

Live musical performance by Dr. Ken Fine and the band

Sunday, March 4

All presentations by Dr. Fine

"For Want of Higher Ground: A Road Map to Spiritual Health" - Information and music

"The Circle of Spiritual Health, Happiness, and Hope"

"You are What You Think: The Mind-Body-Life Connection"

"Successful Suffering: Constructively Dealing with Life's Hardships"

"Living a Miraculous Life"

"How Can I Help?" Questions and Answers

The mission of the Intestinal Health Institute is to improve intestinal and overall health and nutrition through medical research, public service, and education.

The Intestinal Health Institute was conceived because of the public health implications of the scientific discoveries of Kenneth Fine, M.D., a professor, intestinal researcher, and publisher of scientific journal articles for over a decade. Dr. Fine is determined to bring the benefits of this research to those who need it most: people suffering ill-health effects, particularly intestinal illnesses, as the result of gluten sensitivity, microscopic colitis, yeast sensitivity, and the other causes of intestinal disease and dysfunction. By utilizing the power of the internet and the public's free access to it, the long delay associated with dissemination of new information through the medical ranks to patients (usually 5-15 years) can be bypassed. People can benefit today!

CONFERENCE SPEAKERS



World-renowned medical researcher Dr. Kenneth D. Fine is the Founder and Director of IHI and Medical Director for Entero Lab. Dr. Fine revolutionized diagnosis and treatment of immunologic food sensitivity. He has been part of Dallas' academic and clinical medical community for 15 years, holding staff positions at Baylor University Medical Center and the University of Texas-Southwestern Medical School. His medical research publications have appeared in prestigious medical journals including *"The New England Journal of Medicine, Gastroenterology;" "The Journal of Clinical Investigation"* and *"The American Journal of Gastroenterology."*



Dr. William Rea is Founder and the Current Director of the Environmental Health Center, which has clinics in Dallas and Chicago. Dr. Rea is a thoracic and cardiovascular surgeon and has received numerous awards for his work in Environmental medicine. He is author of several text books and co-author of *"Your Home, Your Health and Your Well-Being."*



Dr. Neil Shulman is author of the book made into the movie *"Doc Hollywood."* He is an Associate Professor at Emory University School of Medicine. But he is also a comedian who loves to make people laugh. Known by many children as *"Dr. Neil the Banana Peel"*, he overcomes their fear of doctors through his traveling show and book, *"What's in a Doctor's Bag?"* Dr. Neil brings home the importance of immunizations for children with *"The Germ Patrol"*, a magical journey through the human body.



Dr. Harry Delcher is an endocrinologist in Private Practice in Atlanta, GA with a specialty in Diabetes and how Gluten Sensitivity impairs glandular function. He is a medical school, residency, and fellowship graduate of Duke University, spending time post-graduation in the Air Force as a Major. He is the Founding Medical Director of the Carolinas' Camp for Children with Diabetes Mellitus, has been an Assistant Director of the Grady Diabetes Unit, Associate Professor, Dept. of Medicine, Emory Univ. School of Medicine, and Medical Director of Diabetes Centers for Bio-Tech Research Companies.

Conference Fees

Full Conference Program & Meals (March 3-5, 2006)

Before February 15: \$250.00 After February 15: \$295.00

Saturday only Program & Meals (March 4, 2006)

Before February 15: \$175.00 After February 15: \$195.00

Sunday only Program & Meal (March 5, 2006)

Before February 15: \$125.00 After February 15: \$150.00

Space is limited! Register online at www.customreg.com/IHI or call (972) 686-6869.

Hotel Information



Make your hotel reservations today!

Our host hotel is the beautiful Adam's Mark Hotel in downtown Dallas, Texas!

The hotel is especially equipped to make your weekend comfortable and the location is convenient to several of Dallas' cultural attractions, including the John F. Kennedy 6th Floor Museum, the Dallas Museum of Art and the Nasher Sculpture Center. **Special Conference Rate: \$99.00 per night** (Single or Double Occupancy) (Plus applicable hotel taxes)

Please call the hotel directly to book your room(s): (214) 922-8000 or (800) 444-2326 and choose choice number 2 on your touch tone phone. *Be sure to mention you are attending the Intestinal Health Institute Conference to receive the special \$99 rate.* This special rate is valid for three nights prior to and three nights after the conference.

Register online at www.customreg.com/IHI