

A SPECIAL 11TH ANNIVERSARY EDUTAINMENT CONFERENCE EVENT

# THE GLUTEN TRUTH

MEETS

# THE CIRCLE OF LIFE

## A Tale of Two Hemispheres

THE WESTIN GALLERIA  
DALLAS, TEXAS

PRESENTED BY THE  
Intestinal Health Institute AND Dr. Kenneth Fine  
for your Health, Happiness, and Hope!

KENNETH D. FINE, M.D.

MATH SCIENCE  
MEDICINE RESEARCH



NOVEMBER 3-6, 2011

KENNY DAVIN FINE

ART MUSIC  
COMPASSION  
SERVICE

AMPLIFY STIMULATING BOTH SIDES OF YOUR BRAIN  
with the Latest Scientific Information, Creativity and Entertainment,  
Gluten-Free Health Food, and a Whole Lotta Fun!

<http://intestinalhealth.org/2011dallasevent>

Celebrating our 11th Anniversary with New and You!



## HOW TO REGISTER

### Conference Registration:

To register securely by phone or for questions, please call our Conference Coordinator at 804-247-1655 or contact her by email at: [conference@intestinalhealth.org](mailto:conference@intestinalhealth.org). If no answer, you may call the Intestinal Health Institute directly at 972-686-6869.

To register securely online, an online registration page can be accessed at: <http://intestinalhealth.org/2011dallasevent>

### Hotel Registration:

Not only has Dr. Kenneth Fine and the Intestinal Health Institute reached deep into their pockets to make this conference highly affordable, the Westin Galleria Dallas has extended an unbelievably affordable room rate of \$125/night (regular price \$279/night) for every day of the conference, and even 3 days before and 3 days after. The number of rooms available is limited so reserve now by calling them directly at **1-972-934-9494** and mentioning "The Gluten Truth" Conference in November, 2011. You may also register for the special hotel rates securely online at: [www.starwoodmeeting.com/book/intestinalhealthinstitute](http://www.starwoodmeeting.com/book/intestinalhealthinstitute)

Please let us know if you would be interested in attending a Sabbath service on Saturday morning November 5th at the hotel by emailing our Conference Coordinator for the Intestinal Health Institute at: [conference@intestinalhealth.org](mailto:conference@intestinalhealth.org)

*Please note: Out of respect for our chemically sensitive patrons, we ask that no perfume, cologne, hair spray, or other perfumed products be worn at the conference. This is much appreciated. Thank you.*

## PRICING

Full Conference Program, 5 Meals and Reception: November 3-6, 2011 - \$245 when registering before Labor Day; \$269 after Labor Day  
Save 10% by registering early!

Friday, November 4th only - Morning, Afternoon and Evening Programs and 2 Meals - \$128

Saturday, November 5th only - Morning and Evening Programs and 2 Meals - \$92

Sunday, April 6th only - Morning Program and 1 Meal - \$38

*All meals will be gluten-free, with dairy-free, egg-free, soy-free, meat-free options. (Kosher meals available upon request.)*

## CONFERENCE SCHEDULE

### THURSDAY, NOVEMBER 3RD

6:30 - 9:00 PM: Welcome and Social Reception - Heavy Hors d'oeuvres

6:30 - 7:30 PM Conference Registration at the Reception

### FRIDAY, NOVEMBER 4TH

8:00 - 8:45 AM Registration

8:45 - 9:00 AM Welcome/Introductions

MORNING SCIENTIFIC SESSION - ON THE PATH TO UNDERSTANDING NON-CELIAC GLUTEN SENSITIVITY: A 30-YEAR LESSON FROM A DISEASE BORN IN DALLAS

9:00 - 9:45 AM **KEYNOTE LECTURE:**  
*The First 15 Years 1980-1995* The Discovery and Original Description of Microscopic Colitis: Laying The Bricks on the Path  
John Fordtran, M.D., Internationally Renowned Gastroenterologist, Intestinal Researcher and Textbook Editor; Former Chairman, Internal Medicine, Baylor University Medical Center, Dallas, TX

The world's most successful and best-respected gastrointestinal researcher, who discovered and originally reported microscopic colitis as an important cause of chronic diarrhea; Dr. Fine's original research mentor

9:45 AM - 10:30 PM  
*The Second 15 Years 1996-2011* Characterization of the Relationship of Microscopic Colitis to Celiac Sprue and Non-Celiac Gluten Sensitivity: Scaling the Diagnostic Barrier  
Kenneth Fine, M.D., Founder and Director Enterolab.com, and The Intestinal Health Institute, Dallas, TX  
Through a series of studies, discovered that most patients with microscopic colitis have non-ceeliac gluten sensitivity, learned how to easily diagnose this with a stool test, and that most such patients benefit from a gluten-free diet; related these findings to many other patient groups

10:30 - 10:45 AM Break

10:45 AM - 11:30 AM  
*Pioneering Non-Celiac Gluten Sensitivity from its Dutch Origins: "Seronegative Celiac Disease"*  
Professor Chris Mulder, M.D., ph.D., Head of Department of Gastroenterology, VU University Medical Center, Amsterdam, The Netherlands  
Hear how Dr. Mulder and his colleagues were among the first to report the short-comings of screening blood tests for celiac disease with minimal villous atrophy, and how this helped pave the way to our understanding of both non-ceeliac gluten sensitivity, and the interrelationship of microscopic colitis with celiac disease.

## On the Path...

11:35 AM - 12:15 PM

*Chronic Relapsing Microscopic Colitis and Refractory Sprue: Cutting Edge Treatment from The Netherlands*

Gerd Bouma, M.D., Associate Professor of Medicine and Gastroenterology, VU Medical Center, Amsterdam, The Netherlands  
Hear how expert academic gastroenterologists from the Netherlands are bringing revolutionary treatment ideas to the most difficult patients in the microscopic colitis - sprue spectrum, including effective less toxic immunosuppressive drugs and stem cell transplantation.

12:15 - 2:00 PM Lunch  
AFTERNOON SCIENTIFIC SESSION  
THE GLUTEN-FREE DIET: WHERE IT ALL STARTED... WHERE ARE WE NOW?

2:00 - 2:35 PM **KEYNOTE LECTURE:**  
*Who Discovered Gluten as the Cause of Celiac Disease? My Daddy Did! 1935-1950*  
Willem Karel Dicke II, M.D., Ph.D., Hematologist-Oncologist, Arlington, TX  
The son of famed Dutch pediatrician Willem Karel Dicke M.D., Ph.D will recount how his father discovered and published, just after World War II, that gluten was the cause of celiac disease

2:35 - 3:10 PM *World Class Expertise with Gluten-Related Illness: Dr. Dicke's Legacy Lives On in His Country of Origin*  
Professor Chris Mulder, M.D., ph.D., Head of Department of Gastroenterology, VU University Medical Center, Amsterdam, The Netherlands  
Hear how Dr. Mulder, one of the world's premier experts on celiac disease, continues to shape our understanding and management of gluten-related illness, like his Dutch predecessor before him. Dr. Mulder is also the most closely related active physician in the world to Dr. Willem Karel Dicke's original, nearly Nobel-nominated research; he has translated Dr. Dicke's original research dissertation into English, and has published a pamphlet on the same. Hear more of the stories behind Dr. Dicke's story.

3:10 - 3:45 PM *The Gluten Truth: What Really Happened to the Bread of Life*  
Kenneth Fine, M.D., Founder and Director Enterolab.com, and The Intestinal Health Institute, Dallas, TX  
Over the last 11 years, Dr. Fine has contemplated and learned when, how, and why the gluten sensitivity epidemic started and is raging; the results will surprise you!

3:45 - 6:00 PM Afternoon Break - Rest and/or Exercise at the Hotel Fitness Room; stroll the Galleria, visit the Spa at Nordstrom

6:00 - 7:30 PM Candle Lighting and Dinner at the Hotel

7:30 - 9:30 PM Conference Attendee Talent Show and Karaoke - Hosted by Kenny Davin Fine

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continued...



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# CONFERENCE SCHEDULE

*On the Path...*

...continued

## SATURDAY NOVEMBER 5TH

8:00 - 9:00 AM Yoga class (self-attend, self-pay)

### MORNING SESSION

ON THE PATH TO YOUR SUCCESSFUL HEALTHY SELF AND YOUR PASSIONATE PURPOSE

9:50 - 10:00 AM Introduction and Welcome - Day 2

Dr. Frederick Ogunji, Ph.D. Vice-President and Director of Laboratory Research and Development, Intestinal Health Institute

10:00 - 10:50 AM *Overcoming the Obstacles to Successful, Healthful Living: Learning to Listen to Your Higher Self*

Dr. Gary Berman, Ph.D, Chiropractor, Naturopath, Physicist, Medical Mystic, Dallas, Texas

10:50 - 11:10 AM Morning Break

11:10 AM - 12:00 PM *Turning Celiac Into Service: Unleashing Your Passion and Life Purpose*

Alice Bast, Founder of the National Foundation for Celiac Awareness and Award-Winning Public Servant, Philadelphia, PA

12:00 - 1:30 PM Lunch

1:30 - 2:30 PM 11 Years of Changing Lives and Improving Health: Stories from the Gluten-Free Front

Phyllis Zermeno, R.N., BSN Clinical Nurse Manager, Intestinal Health Institute

2:30 - 5:00 PM Afternoon Break - Rest and/or Exercise at the Hotel Fitness Room; stroll the Galleria, visit the Spa at Nordstrom

5:15 PM Outside Hotel: Catch Bus to Lakewood Theatre

6:00 - 7:30 PM Banquet Dinner

7:30 - 9:30 PM Live Concert, Dancing, and CD Release Party by Kenny Davin Fine and His Tennessee Texans

"Rock n' Blues... For Goodness' Sake" featuring All-Star Guest Appearances by Texas' Best Bluesmen

## SUNDAY NOVEMBER 6TH

8:00 - 9:00 AM Yoga class (self-attend, self-pay)

### MORNING SESSION

ON THE PATH TO NUTRITIONAL HEALTH, SPIRITUAL HEALTH, AND GOODNESS... FOR GOODNESS' SAKE!

10:00 - 11:00 AM *The Inseparable Relationship of Spiritual Health, Nutritional Health, Consciousness, and Dietary Choice: How to Extract Spiritual Power and Protection from the Food You Eat*

Kenny Davin Fine

11:00 AM - 12:00 PM "The Circle of Life, There's No Time To Waste": *Be the Circle!* - A Musical Journey to Goodness!

Kenny Davin Fine

12:00 - 12:15 PM Conference Summary, Intestinal Health Institute Staff Introductions, and Conclusions

12:15 - 1:30 PM Box lunch, conversation with Dr. Fine and the Intestinal Health Institute Staff, and End of Conference.

Attendees invited to visit nearby tourist attractions.

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